



CEREMONY HYROX GROUP FITNESS SCHEDULE

MONDAYS

6:30-7:15am LPAC Studio 2

TUESDAYS

8:00-8:45am WPAC Studio 1

5:00-5:45pm BAC Studio 2

5:30-6:15pm EAC Studio 4

5:30-6:15pm WAC Studio 1

WEDNESDAYS

6:30-7:15am BAC Studio 2

12:00-12:45pm LVAC Studio 2

6:15-7:00pm LPAC Studio 2

THURSDAYS

8:30-9:15am LSAC Studio 1

5:15-6:00pm LVAC Studio 2

FRIDAYS

7:15-8:00am LSAC Studio 1

SATURDAYS

8:30-9:15am LSAC Studio 1

8:30-9:15am WAC Studio 1

9:30-10:15am LPAC Studio 2

10:00-10:45am BAC Studio 2

11:15-12:00pm LVAC Studio 2

SUNDAYS

11:00-11:45am EAC Studio 4

11:30-12:15pm WPAC Studio 1

12:00-12:45pm LVAC Studio 2