

LSAC Pool Schedule

EFFECTIVE JUNE 2, 2026

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5 am							5 am
5:30							5:30
6 am							6 am
6:30							6:30
7 am		6:00 Masters Swim	6:00 Tri Club Swim 3/18 - 8/19	6:00 Masters Swim			7 am
7:30							7:30
8 am	LAP SWIM		LAP SWIM		LAP SWIM		8 am
8:30							8:30
9 am						9:00 Jr. Swim Team	9 am
9:30		9:30 Private Pool Rental 6/23 - 8/11		9:30 Private Pool Rental 6/25 - 8/13	ends 9:55 am		9:30
10 am					10:00 - 10:55 Aqua: TBT		10 am
10:30							10:30
11 am							11 am
11:30	ends 11:55 am		ends 11:55 am			ends 11:55 am	11:30
12 pm	12:00 - 12:55 Aqua: TBT		12:00 - 12:55 Aqua: TBT			12:00 - 12:55 Aqua: Movement	LAP SWIM
12:30							12:30
1 pm							1 pm
1:30		LAP SWIM		LAP SWIM	LAP SWIM		1:30
2 pm							2 pm
2:30							2:30
3 pm							3 pm
3:30							3:30
4 pm		4:00 Kids Swim					4 pm
4:30							4:30
5 pm							5 pm
5:30		LAP SWIM ends 5:55pm					5:30
6 pm		6:00 - 6:55 Aqua: TBT		6:00 Adult Swim Class		LAP SWIM ends 6:45 pm	LAP SWIM ends 6:45 pm
6:30							6:30
7 pm					LAP SWIM ends 7:45 pm		7 pm
7:30							7:30
8 pm	LAP SWIM ends 8:45 pm	LAP SWIM ends 8:45 pm	LAP SWIM ends 8:45 pm	LAP SWIM ends 8:45 pm			8 pm
8:30							8:30
9 pm							9 pm
9:30							9:30
10 pm							10 pm
10:30							10:30
11 pm							11 pm

Lane 1 is reserved for private swim lessons. If there are no private lessons taking place, then members may use the lane.