

LPAC Pool Schedule

EFFECTIVE SEPTEMBER 1, 2025

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
5 am								5 am
5:30								5:30
6 am								6 am
6:30								6:30
7 am			LAP SWIM		LAP SWIM			7 am
7:30							LAP SWIM	7:30
8 am								8 am
8:30								8:30
9 am								9 am
9:30			ends 9:55 am				ends 9:55 am	9:30
10 am			10:00 - 10:55 Aqua: Movement				10:00 - 10:55 Aqua: TBT	10 am
10:30					ends 10:55 am			10:30
11 am					11:00 - 11:55 Aqua: Movement			11 am
11:30								11:30
12 pm								12 pm
12:30	LAP SWIM	LAP SWIM		LAP SWIM		LAP SWIM	LAP SWIM	12:30
1 pm								1 pm
1:30								1:30
2 pm								2 pm
2:30								2:30
3 pm								3 pm
3:30								3:30
4 pm								4 pm
4:30								4:30
5 pm				ends 5:25 pm				5 pm
5:30				5:30 - 6:25 Aqua: Movement				5:30
6 pm						LAP SWIM ends 6:45 pm	LAP SWIM ends 6:45 pm	6 pm
6:30								6:30
7 pm					LAP SWIM ends 7:45 pm			7 pm
7:30								7:30
8 pm	LAP SWIM ends 8:45 pm	LAP SWIM ends 8:45 pm	LAP SWIM ends 8:45 pm	LAP SWIM ends 8:45 pm				8 pm
8:30								8:30
9 pm								9 pm
9:30								9:30
10 pm								10 pm
10:30								10:30
11 pm								11 pm

Lane 1 is reserved for private swim lessons. If there are no private lessons taking place, then members may use the lane.