

EAC Pool Schedule

EFFECTIVE SEPTEMBER 1ST, 2025

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
5 am								5 am
5:30								5:30
6 am								6 am
6:30								6:30
7 am	LAP SWIM	LAP SWIM		LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	7 am
7:30								7:30
8 am								8 am
8:30		ends 8:55 am						8:30
9 am		9:00 - 9:55 Aqua: Movement						9 am
9:30	ends 9:55 am			ends 9:55 am		ends 9:55 am	ends 9:55 am	9:30
10 am	10:00 - 10:55 Aqua: Movement			10:00 - 10:55 Aqua: TBT		10:00 - 10:55 Aqua: TBT	10:00 - 10:55 Aqua: Movement	10 am
10:30								10:30
11 am								11 am
11:30					ends 11:55 am			11:30
12 pm					12:00 - 12:55 Aqua: Movement	LAP SWIM	LAP SWIM	12 pm
12:30			LAP SWIM					12:30
1 pm								1 pm
1:30								1:30
2 pm								2 pm
2:30								2:30
3 pm								3 pm
3:30								3:30
4 pm								4 pm
4:30								4:30
5 pm								5 pm
5:30			ends 5:55 pm					5:30
6 pm			6:00 - 6:55 Aqua: TBT	6:15 Adult Swim Class		LAP SWIM ends 6:45 pm	LAP SWIM ends 6:45 pm	6 pm
6:30								6:30
7 pm					LAP SWIM ends 7:45 pm			7 pm
7:30								7:30
8 pm	LAP SWIM ends 8:45 pm	LAP SWIM ends 8:45 pm	LAP SWIM ends 8:45 pm	LAP SWIM ends 8:45 pm				8 pm
8:30								8:30
9 pm								9 pm
9:30								9:30
10 pm								10 pm
10:30								10:30
11 pm								11 pm

Lane 1 is reserved for private swim lessons. If there are no private lessons taking place, then members may use the lane.