LSAC Pool Schedule

EFFECTIVE JUNE 1ST, 2025

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
5 am								5 am
5:30								5:30
6 am			6:00					6 am
6:30		6:00	- Tri Club Swim 3/19 - 8/20	6:00				6:30
7 am		Masters Swim		Masters Swim				7 am
7:30		-		-				7:30
8 am								8 am
8:30								8:30
9 am						9:00		9 am
9:30		9:30		9:30	_	Jr. Swim Team		9:30
10 am		 Private Pool Rental – 6/24-8/12 		Private Pool Rental 6/26-8/14	10:00	_		10 am
10:30					Aqua: TBT			10:30
11 am								l1 am
11:30			LAP SWIM					11:30
12 pn	12:00		12:00		LAP SWIM	12:00		12 pm
12:30	Aqua: TBT	LAP SWIM	Aqua: TBT	_		Aqua: Movement	LAP SWIM	12:30
1 pm								1 pm
1:30				LAP SWIM				1:30
2 pm								2 pm
2:30								2:30
3 pm								3 pm
3:30				_				3:30
4 pm		4:00						4 pm
4:30		Kids Swim			_			4:30
5 pm								5 pm
5:30			_			_		5:30
6 pm		6:00		6:00 Adult Swim Class		LAP SWIM	LAP SWIM	6 pm
6:30		Aqua: TBT				ends 6:45 pm	ends 6:45 pm	6:30
7 pm					LAP SWIM			7 pm
7:30					ends 7:45 pm			7:30
8 pm	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM				8 pm
8:30	ends 8:45 pm	ends 8:45 pm	ends 8:45 pm	ends 8:45 pm				8:30
9 pm								9 pm
9:30								9:30
10 pm	l							10 pm
10:30								10:30
11 pm								11 pm