

LSAC Pool Schedule

EFFECTIVE JANUARY 5, 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5 am						5 am
5:30						5:30
6 am						6 am
6:30						6:30
7 am	6:00 Masters Swim		6:00 Masters Swim			7 am
7:30						7:30
8 am	LAP SWIM	LAP SWIM		LAP SWIM		8 am
8:30						8:30
9 am		9:00 Private Pool Rental 1/6 - 2/10 2/24 - 3/31		9:00 Private Pool Rental 1/8 - 2/5 2/26 - 4/2		9 am
9:30				ends 9:55 am	Jr. Swim Team	9:30
10 am				10:00 - 10:55 Aqua: TBT		10 am
10:30						10:30
11 am						11 am
11:30	ends 11:55 am	ends 11:55 am			ends 11:55 am	11:30
12 pm	12:00 - 12:55 Aqua: TBT	12:00 - 12:55 Aqua: TBT			12:00 - 12:55 Aqua: Movement	12 pm
12:30						12:30
1 pm						1 pm
1:30	LAP SWIM		LAP SWIM	LAP SWIM		1:30
2 pm						2 pm
2:30						2:30
3 pm						3 pm
3:30						3:30
4 pm		4:00 Kids Swim				4 pm
4:30						4:30
5 pm			5:00 Private Pool Rental 1/7 - 2/11 2/25 - 4/1		5:00 Private Pool Rental 1/9 - 2/6 2/27 - 4/3	5 pm
5:30		LAP SWIM ends 5:55pm				5:30
6 pm	6:00 3 Lanes Private Pool Rental 1/5 - 2/9 2/23 - 3/30	6:00 - 6:55 Aqua: TBT		6:00 Adult Swim Class		6 pm
6:30					LAP SWIM ends 6:45 pm	6:30
7 pm				7:00 3 Lanes Private Pool Rental 1/8 - 2/5 2/26 - 4/2	LAP SWIM ends 7:45 pm	7 pm
7:30						7:30
8 pm	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM		8 pm
8:30	ends 8:45 pm	ends 8:45 pm	ends 8:45 pm	ends 8:45 pm		8:30
9 pm						9 pm
9:30						9:30
10 pm						10 pm
10:30						10:30
11 pm						11 pm

Lane 1 is reserved for private swim lessons. If there are no private lessons taking place, then members may use the lane.