

LSAC Pool Schedule

EFFECTIVE JANUARY 5, 2026

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
5 am								5 am
5:30								5:30
6 am								6 am
6:30								6:30
7 am		6:00 Masters Swim		6:00 Masters Swim				7 am
7:30								7:30
8 am	LAP SWIM		LAP SWIM		LAP SWIM			8 am
8:30								8:30
9 am		9:00 Private Pool Rental 1/6 - 2/10 2/24 - 3/31		9:00 Private Pool Rental 1/8 - 2/5 2/26 - 4/2		9:00 Jr. Swim Team		9 am
9:30					ends 9:55 am			9:30
10 am					10:00 - 10:55 Aqua: TBT			10 am
10:30								10:30
11 am								11 am
11:30	ends 11:55 am		ends 11:55 am			ends 11:55 am		11:30
12 pm	12:00 - 12:55 Aqua: TBT		12:00 - 12:55 Aqua: TBT			12:00 - 12:55 Aqua: Movement	LAP SWIM	12 pm
12:30								12:30
1 pm								1 pm
1:30		LAP SWIM		LAP SWIM	LAP SWIM			1:30
2 pm								2 pm
2:30								2:30
3 pm								3 pm
3:30								3:30
4 pm		4:00 Kids Swim						4 pm
4:30								4:30
5 pm			5:00 Private Pool Rental 1/7 - 2/11 2/25 - 4/1		5:00 Private Pool Rental 1/9 - 2/6 2/27 - 4/3			5 pm
5:30		LAP SWIM ends 5:55pm						5:30
6 pm	6:00 3 Lanes Private Pool Rental 1/5 - 2/9 2/23 - 3/30	6:00 - 6:55 Aqua: TBT		6:00 Adult Swim Class		LAP SWIM ends 6:45 pm	LAP SWIM ends 6:45 pm	6 pm
6:30								6:30
7 pm				7:00 3 Lanes Private Pool Rental 1/8 - 2/5 2/26 - 4/2	LAP SWIM ends 7:45 pm			7 pm
7:30								7:30
8 pm	LAP SWIM ends 8:45 pm	LAP SWIM ends 8:45 pm	LAP SWIM ends 8:45 pm	LAP SWIM ends 8:45 pm				8 pm
8:30								8:30
9 pm								9 pm
9:30								9:30
10 pm								10 pm
10:30								10:30
11 pm								11 pm

Lane 1 is reserved for private swim lessons. If there are no private lessons taking place, then members may use the lane.