

# EAC Pool Schedule

EFFECTIVE JANUARY 1ST, 2026

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
5 am												5 am	
5:30												5:30	
6 am												6 am	
6:30												6:30	
7 am												7 am	
7:30		LAP SWIM	LAP SWIM			LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	7:30	
8 am												8 am	
8:30				ends 8:55 am								8:30	
9 am				9:00 - 9:55 Aqua: Movement								9 am	
9:30		ends 9:55 am				ends 9:55 am				ends 9:55 am		ends 9:55 am	
10 am		10:00 -10:55 Aqua: Movement				10:00 - 10:55 Aqua: TBT				10:00 -10:55 Aqua: TBT		10:00 -10:55 Aqua: Movement	
10:30												10:30	
11 am												11 am	
11:30								ends 11:55 am				11:30	
12 pm								12:00 - 12:55 Aqua: Movement		LAP SWIM		LAP SWIM	
12:30				LAP SWIM								12:30	
1 pm												1 pm	
1:30												1:30	
2 pm												2 pm	
2:30												2:30	
3 pm												3 pm	
3:30												3:30	
4 pm												4 pm	
4:30												4:30	
5 pm												5 pm	
5:30				ends 5:55 pm								5:30	
6 pm				6:00 - 6:55 Aqua: TBT		6:15 Adult Swim Class				LAP SWIM ends 6:45 pm		LAP SWIM ends 6:45 pm	
6:30												6:30	
7 pm								LAP SWIM ends 7:45 pm				7 pm	
7:30												7:30	
8 pm		LAP SWIM ends 8:45 pm		LAP SWIM ends 8:45 pm		LAP SWIM ends 8:45 pm		LAP SWIM ends 8:45 pm				8 pm	
8:30												8:30	
9 pm												9 pm	
9:30												9:30	
10 pm												10 pm	
10:30												10:30	
11 pm												11 pm	

Lane 1 is reserved for private swim lessons. If there are no private lessons taking place, then members may use the lane.