



TIME	CLASS	INSTRUCTOR / STUDIO
BAC		
9:30 - 10:30 am	BODYPUMP	AJ C. 2
10:00 - 10:50 am	HIT Cycle	Stef B. C
10:30 - 11:30 am	Pilates Mat	Penny S. 3

TIME	CLASS	INSTRUCTOR / STUDIO
EAC		
9:00 - 10:00 am	Yoga (Multi-Level)	Rebecca D. 2
9:30 - 10:30 am	BODYPUMP	Vlad B. 4
10:00 - 11:00 am	Aqua Movement	Robin G. P

TIME	CLASS	INSTRUCTOR / STUDIO
LPAC		
9:00 - 9:50 am	HIT Cycle	Peter M. C
10:00 - 11:00 am	BODYPUMP	Therese C. 2
11:00 - 12:00 pm	Vinyasa Flow Yoga	Mary H. 1

TIME	CLASS	INSTRUCTOR / STUDIO
LSAC		
9:30 - 10:20 am	HIT Cycle	Nikki S. C
9:30 - 10:30 am	Yoga (Multi-Level)	Ken C. 2
10:30 - 11:30 am	BODYPUMP	Nikki S. 1

TIME	CLASS	INSTRUCTOR / STUDIO
LVAC		
8:30 - 9:20 am	HIT Cycle	Julie S. C
9:00 - 10:00 am	Yoga Sculpt	Scott Z. 4
9:30 - 10:30 am	BODYPUMP	Meagan P. 2
11:00 - 12:00 pm	Vinyasa Flow Yoga	Jason B. 4

TIME	CLASS	INSTRUCTOR / STUDIO
WAC		
8:00 - 9:00 am	BODYPUMP	Joey H. 1
9:30 - 10:30 am	Yoga (Multi-Level)	Kathy P. 2
10:00 - 10:50 am	HIT Cycle	Julie S. C

TIME	CLASS	INSTRUCTOR / STUDIO
WPAC		
9:00 - 9:50 am	HIT Cycle	Alexis A. C
10:00 - 11:00 am	BODYPUMP	KB 1
10:00 - 11:00 am	Vinyasa Flow Yoga	Laura D. 2