

EAC Therapy Pool Schedule

EFFECTIVE JANUARY 1, 2024

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
5 am								5 am
5:30								5:30
6 am	OPEN SWIM		OPEN SWIM					6 am
6:30								6:30
7 am								7 am
7:30		OPEN SWIM			OPEN SWIM	OPEN SWIM	OPEN SWIM	7:30
8 am					OPEN SWIM			8 am
8:30								8:30
9 am				OPEN SWIM				9 am
9:30								9:30
10 am								10 am
10:30								10:30
11 am								11 am
11:30			OPEN SWIM					11:30
12 pm								12 pm
12:30					11:45 North Shore Physical Therapy		OPEN SWIM	12:30
1 pm						OPEN SWIM		1 pm
1:30								1:30
2 pm	OPEN SWIM	12:00 North Shore Physical Therapy						2 pm
2:30								2:30
3 pm				2:30 North Shore Physical Therapy				3 pm
3:30								3:30
4 pm								4 pm
4:30								4:30
5 pm								5 pm
5:30								5:30
6 pm								6 pm
6:30					OPEN SWIM			6:30
7 pm						OPEN SWIM	OPEN SWIM	7 pm
7:30								7:30
8 pm	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM				8 pm
8:30								8:30
9 pm								9 pm
9:30								9:30
10 pm								10 pm
10:30								10:30
11 pm								11 pm

Entire therapy pool used during Kids Lessons, Parent/Toddler Swim and NUH Group Classes. Private lessons may be scheduled during Open Swim. Children are allowed in the therapy pool only during swim lessons with an instructor. No lifeguard on duty.