LPAC Pool Schedule

EFFECTIVE OCTOBER 1, 2026

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5 am							
5:30							
6 am							
6:30							
7 am					LAP SWIM		
7:30							LAP SWIM
8 am			LAP SWIM				
8:30							
9 am							
9:30			ends 9:55 am				ends 9:55 am
10 am			10:00 - 10:55 Aqua: Movement				10:00 - 10:55 Aqua: TBT
10:30					ends 10:55 am		
11 am					11:00 - 11:55 Aqua: Movement		
11:30							
12 pm							
12:30	LAP SWIM	LAP SWIM		LAP SWIM		LAP SWIM	LAP SWIM
1 pm							
1:30							
2 pm							
2:30							
3 pm							
3:30							
4 pm							
4:30							
5 pm				ends 5:25 pm			
5:30				5:30 - 6:25 Aqua: Movement			
6 pm						LAP SWIM ends 6:45 pm	LAP SWIM ends 6:45 pm
6:30							
7 pm					LAP SWIM ends 7:45 pm		
7:30							
8 pm	LAP SWIM ends 8:45 pm	LAP SWIM ends 8:45 pm	LAP SWIM ends 8:45 pm	LAP SWIM ends 8:45 pm			
8:30							
9 pm							
9:30							
10 pm							
10:30							
11 pm							

Lane 1 is reserved for private swim lessons. If there are no private lessons taking place, then members may use the lane.