LSAC Pool Schedule

EFFECTIVE SEPTEMBER 1, 2026

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5 am							
5:30							
6 am		**6:00** Masters Swim		**6:00** Masters Swim			
6:30							
7 am							
7:30							
8 am	LAP SWIM		LAP SWIM		LAP SWIM		
8:30							
9 am	**9:00 | 2 Lanes** Private Pool Rental 9/14 - 10/12 11/2 - 11/16	**9:00** Private Pool Rental 9/8 - 10/13 10/27 - 12/15		**9:00** Private Pool Rental 9/3 - 10/15 10/29 - 12/17		**9:00** Jr. Swim Team	
9:30					ends 9:55 am		
10 am					10:00 - 10:55 Aqua: TBT		
10:30							
11 am							
11:30	ends 11:55 am		ends 11:55 am			ends 11:55 am	
12 pm	12:00 - 12:55 Aqua: TBT		12:00 - 12:55 Aqua: TBT			12:00 - 12:55 Aqua: Movement	LAP SWIM
12:30							
1 pm							
1:30		LAP SWIM		LAP SWIM	LAP SWIM		
2 pm							
2:30							
3 pm							
3:30							
4 pm		**4:00** Kids Swim					
4:30							
5 pm			**5:00** Private Pool Rental 9/9 - 10/14 10/28 - 12/16		**5:00** Private Pool Rental 9/11 - 10/16 10/30 - 12/11		
5:30		LAP SWIM ends 5:55pm					
6 pm	**6:00 | 3 Lanes** Private Pool Rental 9/14 - 10/12 11/2 - 12/14	6:00 - 6:55 Aqua: TBT		**6:00** Adult Swim Class		LAP SWIM ends 6:45 pm	LAP SWIM ends 6:45 pm
6:30							
7 pm				**7:00 | 3 Lanes** Private Pool Rental 9/10 - 10/15 10/29 - 12/17	LAP SWIM ends 7:45 pm		
7:30							
8 pm	LAP SWIM ends 8:45 pm	LAP SWIM ends 8:45 pm	LAP SWIM ends 8:45 pm	LAP SWIM ends 8:45 pm			
8:30							
9 pm							
9:30							
10 pm							
10:30							
11 pm							

Lane 1 is reserved for private swim lessons. If there are no private lessons taking place, then members may use the lane.