

# LSAC Pool Schedule

EFFECTIVE SEPTEMBER 1, 2026

|       | Monday                                                                | Tuesday                                                     | Wednesday                                                   | Thursday                                                               | Friday                                                       | Saturday                           | Sunday                   |       |
|-------|-----------------------------------------------------------------------|-------------------------------------------------------------|-------------------------------------------------------------|------------------------------------------------------------------------|--------------------------------------------------------------|------------------------------------|--------------------------|-------|
| 5 am  |                                                                       |                                                             |                                                             |                                                                        |                                                              |                                    |                          | 5 am  |
| 5:30  |                                                                       |                                                             |                                                             |                                                                        |                                                              |                                    |                          | 5:30  |
| 6 am  |                                                                       |                                                             |                                                             |                                                                        |                                                              |                                    |                          | 6 am  |
| 6:30  |                                                                       |                                                             |                                                             |                                                                        |                                                              |                                    |                          | 6:30  |
| 7 am  |                                                                       | 6:00<br>Masters Swim                                        |                                                             | 6:00<br>Masters Swim                                                   |                                                              |                                    |                          | 7 am  |
| 7:30  |                                                                       |                                                             |                                                             |                                                                        |                                                              |                                    |                          | 7:30  |
| 8 am  | LAP SWIM                                                              |                                                             | LAP SWIM                                                    |                                                                        | LAP SWIM                                                     |                                    |                          | 8 am  |
| 8:30  |                                                                       |                                                             |                                                             |                                                                        |                                                              |                                    |                          | 8:30  |
| 9 am  | 9:00   2 Lanes<br>Private Pool Rental<br>9/14 - 10/12<br>11/2 - 11/16 | 9:00<br>Private Pool Rental<br>9/8 - 10/13<br>10/27 - 12/15 |                                                             | 9:00<br>Private Pool Rental<br>9/3 - 10/15<br>10/29 - 12/17            |                                                              | 9:00<br>Jr. Swim Team              |                          | 9 am  |
| 9:30  |                                                                       |                                                             |                                                             |                                                                        | ends 9:55 am                                                 |                                    |                          | 9:30  |
| 10 am |                                                                       |                                                             |                                                             |                                                                        | 10:00 - 10:55<br>Aqua:<br>TBT                                |                                    |                          | 10 am |
| 10:30 |                                                                       |                                                             |                                                             |                                                                        |                                                              |                                    |                          | 10:30 |
| 11 am |                                                                       |                                                             |                                                             |                                                                        |                                                              |                                    |                          | 11 am |
| 11:30 | ends 11:55 am                                                         |                                                             | ends 11:55 am                                               |                                                                        |                                                              | ends 11:55 am                      |                          | 11:30 |
| 12 pm | 12:00 - 12:55<br>Aqua:<br>TBT                                         |                                                             | 12:00 - 12:55<br>Aqua:<br>TBT                               |                                                                        |                                                              | 12:00 - 12:55<br>Aqua:<br>Movement | LAP SWIM                 | 12 pm |
| 12:30 |                                                                       |                                                             |                                                             |                                                                        |                                                              |                                    |                          | 12:30 |
| 1 pm  |                                                                       |                                                             |                                                             |                                                                        |                                                              |                                    |                          | 1 pm  |
| 1:30  |                                                                       | LAP SWIM                                                    |                                                             | LAP SWIM                                                               | LAP SWIM                                                     |                                    |                          | 1:30  |
| 2 pm  |                                                                       |                                                             |                                                             |                                                                        |                                                              |                                    |                          | 2 pm  |
| 2:30  |                                                                       |                                                             |                                                             |                                                                        |                                                              |                                    |                          | 2:30  |
| 3 pm  |                                                                       |                                                             |                                                             |                                                                        |                                                              |                                    |                          | 3 pm  |
| 3:30  |                                                                       |                                                             |                                                             |                                                                        |                                                              |                                    |                          | 3:30  |
| 4 pm  |                                                                       | 4:00<br>Kids Swim                                           |                                                             |                                                                        |                                                              |                                    |                          | 4 pm  |
| 4:30  |                                                                       |                                                             |                                                             |                                                                        |                                                              |                                    |                          | 4:30  |
| 5 pm  |                                                                       |                                                             | 5:00<br>Private Pool Rental<br>9/9 - 10/14<br>10/28 - 12/16 |                                                                        | 5:00<br>Private Pool Rental<br>9/11 - 10/16<br>10/30 - 12/11 |                                    |                          | 5 pm  |
| 5:30  |                                                                       | LAP SWIM ends 5:55pm                                        |                                                             |                                                                        |                                                              |                                    |                          | 5:30  |
| 6 pm  | 6:00   3 Lanes<br>Private Pool Rental<br>9/14 - 10/12<br>11/2 - 12/14 | 6:00 - 6:55<br>Aqua:<br>TBT                                 |                                                             | 6:00<br>Adult Swim Class                                               |                                                              | LAP SWIM<br>ends 6:45 pm           | LAP SWIM<br>ends 6:45 pm | 6 pm  |
| 6:30  |                                                                       |                                                             |                                                             |                                                                        |                                                              |                                    |                          | 6:30  |
| 7 pm  |                                                                       |                                                             |                                                             | 7:00   3 Lanes<br>Private Pool Rental<br>9/17 - 10/15<br>10/29 - 12/17 | LAP SWIM<br>ends 7:45 pm                                     |                                    |                          | 7 pm  |
| 7:30  |                                                                       |                                                             |                                                             |                                                                        |                                                              |                                    |                          | 7:30  |
| 8 pm  | LAP SWIM<br>ends 8:45 pm                                              | LAP SWIM<br>ends 8:45 pm                                    | LAP SWIM<br>ends 8:45 pm                                    | LAP SWIM<br>ends 8:45 pm                                               |                                                              |                                    |                          | 8 pm  |
| 8:30  |                                                                       |                                                             |                                                             |                                                                        |                                                              |                                    |                          | 8:30  |
| 9 pm  |                                                                       |                                                             |                                                             |                                                                        |                                                              |                                    |                          | 9 pm  |
| 9:30  |                                                                       |                                                             |                                                             |                                                                        |                                                              |                                    |                          | 9:30  |
| 10 pm |                                                                       |                                                             |                                                             |                                                                        |                                                              |                                    |                          | 10 pm |
| 10:30 |                                                                       |                                                             |                                                             |                                                                        |                                                              |                                    |                          | 10:30 |
| 11 pm |                                                                       |                                                             |                                                             |                                                                        |                                                              |                                    |                          | 11 pm |

Lane 1 is reserved for private swim lessons. If there are no private lessons taking place, then members may use the lane.