

EDUCATION WORKSHOPS

Studio 1002 has partnered with The Center for Women's Fitness and Polestar Pilates to bring you the latest in certification courses, continuing education and pop up classes!

Polestar Comprehensive Course

For more information please email, contact@katestrozak.com

Oov Fundamental Course

Cost: \$500

For more information please email, info@ooveducation.com

Rocking and Rolling to Release with educator Carolyne Anthony from The Center for Women's Fitness

Cost: \$400 plus \$80 for materials

For more information please email Megan Dillow, mdillow@chicagoathleticclubs.com

Support Your Floor with educator Carolyne Anthony from The Center for Women's Fitness

Date: 11/4

Time: 9am-5pm

Cost: \$350 plus \$90 for materials

For more information please email Megan Dillow, mdillow@chicagoathleticclubs.com

Pre/Post Natal Mat with educator Carolyne Anthony from The Center for Women's Fitness

Date: 1/14

Time: 9am-5pm

Cost: \$400 plus \$120 for materials

For more information please email Megan Dillow, mdillow@chicagoathleticclubs.com

Pre/Post Natal Equipment with educator Carolyne Anthony from The Center for Women's Fitness

Date: 4/22

Time: 9am-5pm

Cost: \$400 plus \$90 for materials

For more information please email Megan Dillow, mdillow@chicagoathleticclubs.com