



## Studio 1 Class Cancellations during WAC Studio 1 Expansion

**Effective Monday, July 22<sup>nd</sup>, the following classes will be temporarily cancelled:**

DAY	START TIME	FORMAT	INSTRUCTOR	NOTES
Monday	12:00 pm	Cardio Jam	Stephanie F.	
Monday	5:30 pm	BODYPUMP	Melinda M	
Monday	6:30 pm	Step	Stephanie F.	
Monday	7:15 pm	Boxing Challenge	Frank R	Moved to 7:30pm
Tuesday	6:00 am	CXWORX	Cheryl N.	
Tuesday	9:00 am	HIIT	Jody B.	
Tuesday	9:30 am	Studio Strength Express	Jody B.	
Tuesday	6:00 pm	TBT	Donna P	
Tuesday	6:45 pm	BODYPUMP	Hannah C.	
Wednesday	9:00 am	HIIT	Laura D.	
Wednesday	9:30 am	Hard Core	Laura D.	
Wednesday	5:30 pm	HIIT	Stephanie F.	
Wednesday	6:00 pm	TBT Express	Stephanie F.	
Wednesday	6:45 pm	Boxing Challenge	Frank R.	
Thursday	9:45 am	Studio Strength Express	Jody B.	
Thursday	12:00 pm	BODYPUMP	Adam B.	
Thursday	5:00 pm	HIIT	Libby R.	
Thursday	5:30 pm	CXWORX	Libby R.	
Thursday	6:00 pm	BODYPUMP	Jamey D.	
Thursday	7:00 pm	Zumba	Stephanie F.	
Friday	12:00 pm	TBT Express	Patti Z.	
Saturday	8:30 am	HIIT	Libby R.	
Saturday	9:00 am	CXWORX	Libby R.	
Saturday	9:30 am	BODYPUMP	David R.	
Saturday	10:30 am	Kickboxing	Frank R.	
Sunday	10:30 am	TBT	DeWitt W.	