

LVAC Pool Schedule

EFFECTIVE JUNE 1, 2022

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
5 am							5 am	
5:30							5:30	
6 am							6 am	
6:30							6:30	
7 am							7 am	
7:30							7:30	
8 am							8 am	
8:30							8:30	
9 am							9 am	
9:30							9:30	
10 am		10:00 Aqua: Movement					10 am	
10:30							10:30	
11 am						11:00 Aqua: Zumba	11 am	
11:30							11:30	
12 pm					LAP SWIM	LAP SWIM	12 pm	
12:30	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM			12:30	
1 pm							1 pm	
1:30							1:30	
2 pm							2 pm	
2:30							2:30	
3 pm							3 pm	
3:30							3:30	
4 pm							4 pm	
4:30							4:30	
5 pm							5 pm	
5:30							5:30	
6 pm				6:00 Aqua: Zumba		LAP SWIM ends 6:45 pm	LAP SWIM ends 6:45 pm	6 pm
6:30								6:30
7 pm					LAP SWIM ends 7:45 pm			7 pm
7:30								7:30
8 pm	LAP SWIM ends 8:45 pm	LAP SWIM ends 8:45 pm	LAP SWIM ends 8:45 pm	LAP SWIM ends 8:45 pm				8 pm
8:30								8:30
9 pm								9 pm
9:30								9:30
10 pm								10 pm
10:30								10:30
11 pm								11 pm

Lane 1 is reserved for private swim lessons. If there are no private lessons taking place, then members may use the lane.