



STUDIO EAC PILATES SCHEDULE

TIME

INSTRUCTOR

Wednesday

8:00 - 9:00 am Small Group Training Monique

Thursday

8:00 - 9:00 am Small Group Training Monique

Friday

8:00 - 9:00 am Small Group Training Monique
4:30 - 5:30 pm Small Group Training Suzy

Saturday

9:00 - 10:00 am Small Group Training Monique
10:00 - 11:00 am Small Group Training Niki
12:00 - 1:00 pm Small Group Training Mary