



STUDIO EAC PILATES SCHEDULE

TIME

INSTRUCTOR

Wednesday

8:00 - 9:00 am Small Group Class Monique

Thursday

8:00 - 9:00 am Small Group Class Monique

Friday

8:00 - 9:00 am Small Group Class Monique

4:30 - 5:30 pm Small Group Class Suzy

Saturday

9:00 - 10:00 am Small Group Class Monique

10:00 - 11:00 am Small Group Class Niki

12:00 - 1:00 pm Small Group Class Mary